



RECREATION ATL

Junior Soccer Program

- Ages 7-12
- A Monthly program
- Two 60-minute sessions per week, Monday and Wednesday
- From 5:30 pm to 6:30 pm
- \$90.00 per month with \$30.00 sign-up fee

Promote Fitness, Cardio and Full Body work-out

Reduce Weight and Promote Muscle Growth

Promote Focus and develop Co-ordination

Build a solid foundation of Soccer Skills and Team Work



DAY	TIME
Monday	6:30 pm—7:30 pm
Wednesday	6:30 pm—7:30 pm